

Refrigerator Emergency Card

Contact: Jan Lord 603 675 6417

jblord_2007@comcast.net

We provide free magnetized refrigerator document holders. The yellow contact information card, completed by you, and inserted into the plastic holder is intended to be placed on your refrigerator so it is visible and accessible to first responders or a family member or friend who is helping you in a medical emergency situation. The holder can accommodate a copy of your *Advance Care Directive and DNR order.

*An Advance Directive is a legal document that explains to others what your medical care choices are if you cannot make the decisions.