



AGING IN PLACE IN CORNISH

2014

During the past year, an Aging in place in Cornish committee was formed to address the needs of Cornish elders who wish to remain in their homes in safety and comfort for as long as possible.

A national study recently reported that with the rising costs of nursing homes and assisted living facilities, over 80% of the population surveyed said they would prefer to spend their Senior years in the comfort and familiarity of their homes if at all possible. As a response to this need, committees all across New England and throughout the country in general have formed special interest groups to assess issues and gather information and resources that will help Seniors live comfortably and safely at home.

We are actively compiling a list of local resources that are available to shovel walks and roofs, clean chimneys, help with lawn care, home maintenance and other services available on a regular on-going basis; and we are asking Cornish residents to share their recommendations with us.

We also have an animal care committee in place to assist elders with the care of their pets during hospitalization or when transportation to a vet is needed and the owner can no longer drive.

Several towns in our area are working with a community nurse, and Aging in Place in Cornish is investigating the need and feasibility for this service in our town.

Special thanks to our wonderful Neighbor to Neighbor volunteers who have already made it possible for many elders and those with disabilities to remain at home by providing a helping hand or a ride to the doctor or the grocery store when needed. Thanks, too, to Volunteers in Action who are dedicated to providing transportation for those in need of these services.

If you are an elder or know of a person who may need access to resources in order to remain safely at home, please call any of our committee members. We are here to help.

Aging in Place in Cornish meets at 7 p.m. on the second Tuesday of each month (except in December) upstairs in the Town Office building. All are welcome to attend.

Connie Kousman
Martha Zoerheide
Laura Cousineau
Leigh Callahan
Reigh Sweetser
Jan Lord
Liz Gage
Nancy Newbold
Carol Rennie