



## AGING IN PLACE 2017

*Cornish Aging in Place is a local resource for seniors who wish to remain in their homes in comfort and in safety for as long as possible.*

Cornish Aging in Place continues to be a work in progress as we strive to find ways to help meet the needs of senior residents who wish to remain in their homes for as long as possible.

We are extremely fortunate that Cornish is truly a good neighbor town, and we work closely with our Neighbor to Neighbor group of dedicated volunteers who continue to provide assistance to those in need. Their firewood project provides free wood to Cornish residents who are economically challenged, and their services are invaluable to many seniors who occasionally need a helping hand with moving wood, building an access ramp, putting in a few tomato plants, or other tasks that can make aging in place a bit challenging. If you are interested in becoming a Neighbor to Neighbor volunteer, please contact Laird Klinger, Coordinator.

Cornish Aging in Place has a team of interviewers who are currently visiting seniors to gather information, hear concerns, help with advance directives, and record suggestions as to the needs of Cornish residents who wish to continue to age in place. If you or someone you know would like to be interviewed for this project, please contact our committee.

The intergenerational writing project between fifth grade students and Cornish seniors is now in its second year. Our thanks to fifth grade teacher Beth Tilton-Wahlert for her enthusiasm and organizational skills which have contributed so much to the success of this project.

We still have copies of our booklet, "Resources for Elders", which has received excellent reviews from senior organizations throughout norther New England. Booklets will be available at Town Meeting, or from Aging in Place committee members.

As we move into the New Year, Cornish Aging in Place will be assessing the need for a community nurse or perhaps a corps of volunteers who can drop in on elders who have concerns about health, safety or isolation. We will also be reviewing ways to make equipment available on loan to people who have mobility issues.

We wish to thank all those who are helping make Cornish a wonderful place to live for people of all ages, and we welcome any suggestions that can help us provide or reference resources that will help make aging in place a welcome and practical option for senior living.

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