



CORNISH AGING IN PLACE (CAIP) 2021

CAIP is a committee of Cornish volunteers focused on providing information and resource options to Cornish Seniors to support aging in place at home. We have an active working committee of 11 Cornish residents.

Local Business Resource List: CAIP maintains a resource list of local businesses for hire who provide lawn care, carpentry, painting, plumbing, electrical work, plowing/sanding, homecare, and other services. This list is updated continually with providers who have been recommended by local people who have used their services.

Services Resource List: Local, state and community services: healthcare, food and clothing, pet care, medical equipment, mental healthcare, and financial and legal planning. An extensive services resource list is on the Town of Cornish website (www.cornishnh.net).

Emergency Contact Information Cards: We provide free magnetized refrigerator document holders. The yellow contact information card, completed by you, and inserted into the plastic holder is intended to be placed on your refrigerator so it is visible and accessible to emergency first responders. The holder can accommodate a copy of your Advance Care Directive and or DNR order.

Outreach Services: All Committee members are prepared and available to assist seniors and or their family with a variety of needs related to support for aging in place in Cornish. We coordinate volunteers with seniors for shopping, errands, appointments, and transportation needs when possible. Volunteers in Action (VIA), out of Windsor VT, is an excellent transportation resource for Cornish Seniors; call 802-674-5971.

Medical Equipment: CAIP maintains a wide variety of medical equipment available to lend/use at no charge: walkers, wheelchairs, hospital beds, grabbers, crutches, commodes, shower chairs, and more. Also, if you have equipment (clean and in good working order) to donate, please call.

Assistance with State Refunds and Senior Tax Abatements: Please contact Reigh Sweetser regarding eligibility, and assistance with the application (annual filing period is 5/1-6/30).

Useful Tools Course: This is a free course, currently offered on Zoom through the Dartmouth Aging Resource Center. It provides information and guidance on preparing/updating an Advance Care Directive and a Living Will, a document template for providing essential information to whoever will take care of your administrative affairs if/or when you are unable to do so, and an in-depth discussion on palliative and hospice care services and benefits. Contact Jan Lord if you are interested in participating in this course.

Other Supportive Town Committees: Aging in Place Committee members also work with other organizations and committees in Town that provide critical services to Seniors. Some of these include Volunteers in Action (VIA) provides free transportation, Cornish Luncheon Program offers monthly Senior lunches, Willing Hands which offers weekly access to a wide selection of free food donated by local businesses, Neighbor to Neighbor which helps with projects around the home, and also with the Cornish Rescue Squad. Additional information about each is available in their respective committee reports within this Town Report.

See our regular CAIP postings on Connect Cornish, a summary of CAIP services on pages 57-60 of the 2021-22 Cornish phone book, or visit us on Facebook, and please, simply call any member if you have suggestions, comments, or questions.

It is our honor and privilege to assist Cornish Seniors and their families.

- Jan Lord, Co-Chair* 675-6417
- Jody Schubert, Co-Chair* 675-6081
- Leigh Callahan* 543-0365
- Laura Cousineau* 675-2575
- Deb Dworak* 542-8932
- Liz Gage* 675-5722
- Audrey Jacquier* 469-3245
- Jeff Katchen* 675-6726
- Linda Leone* 1-201-787-9789
- Reigh Sweetser* 675-5030
- Martha Zoerheide* 675-2295